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Melanoacanthoma / Pigmented Seborrhoeic Keratosis: A Rare Variant of a Common Entity

Melanoakantom / Pigmente Seboreik Keratoz: Yaygın Bir Antitenin Nadir Bir Varyantı

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Öz

Melanoakantom veya pigmente seboreik keratoz, sıklıkla yaşlı hastaların gövde, baş ve boyun bölgesinde ortaya çıkan, yoğun pigmente sahip, seboreik keratozun nadir bir varyantıdır. Melanoakantomların histolojik incelemesinde dendritik melanositlerin ve bazaloid keratinositlerin proliferasyonu izlenir. Lezyon klinik olarak malign melanomu taklit edebildiğinden, doğru tanı ve doğru klinik yönetim için histopatolojik inceleme yapılması gereklidir.

Anahtar Kelimeler: melanoakantom, seboreik keratoz, pigmentli poroma.

Abstract

Melanoacanthoma or pigmented seborrhoeic keratosis is a rare variant of seborrhoeic keratosis which commonly occurs as deeply pigmented lesion in the head and neck or trunk of elderly patients. Melanoacanthomas shows proliferation of dendritic melanocytes and basaloid keratinocytes on histology. The lesion can clinically mimic malignant melanoma and variants a histopathological examination for the right diagnosis and proper management.

Keywords: Melanoacanthoma, seborrhoeic keratosis, pigmented poroma

INTRODUCTION

Seborrhoeic keratosis is a common benign epidermal lesion. Melanoacanthoma is a rare variant of seborrhoeic keratosis composed of benign proliferation of keratinocytes and melanocytes (1). The term melanoacanthoma was introduced by Mishima and Pinkus in 1960 (2). Melanoacanthoma can be found both in skin and oral mucosa, however oral melanoacanthomas are reactive lesions, cutaneous melanoacanthomas are considered benign neoplastic lesions (3). It is imperative to identify this lesion as they may clinically misdiagnosed as malignanat melanoma. We present a case of melanoacanthoma on the abdominal skin an elderly female.

CASE

A 68 year old female presented to the outpatient department with postmenopausal bleeding. During examination, the gynecologist noticed a 4x4 cm

deeply pigmented elevated lesion on the abdominal wall and sent for dermatologic consult due to concerns for a malignant lesion. The dermatologist gave a clinical differential diagnosis of melanoacanthoma, pigmented hidroacanthoma and nodular malignant melanoma. A hysterectomy was performed for the abnormal vaginal bleeding and during the surgery; the clinician removed this pigmented lesion as well and sent for histopathology.

The abnormal vaginal bleeding was caused due to an endometrial polyp.

The skin lesion on the abdominal wall showed microscopically hyperkeratosis, acanthosis and papillomatosis with proliferation of small cuboidal keratinocytes and melanocytes and abundant melanin pigment (Figure 1). Melanocytes were noted in all layers of epidermis. Numerous horn cysts were noted (Figure 2). On higher power, there was no cytologic atypia (Figure 3). Dermis showed mild inflammatory

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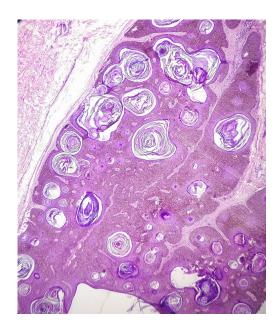


Figure 1. Elevated pigmented tumour with acanthosis, hyperkeratosis and papillomatosis. (H and E, 4x)

infiltrate. A histopathological diagnosis of pigmented seborrhoeic keratosis/melanoacanthoma was made.

DISCUSSION

Seborrhoeic keratosis is a common benign epidermal lesions developing in the elderly. It is a neoplastic lesion composed of basaloid cells with variable degrees of squamoid differentiation. Many variants are described including acanthotic, adenoid,

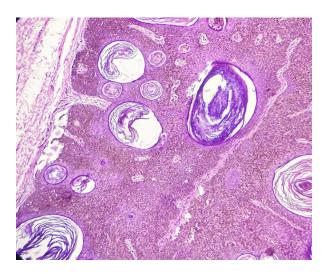


Figure 2. Multiple keratinous cysts seen in the epidermis (H and E, 10x)

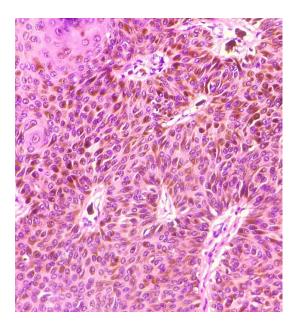


Figure 3. Proliferation of keratinocytes and melanocytes with abundant melanin pigment (H and E, 40x)

keratotic, the term melanoacanthoma is used when the pigmentation in seborrhoeic keratosis is overwhelming (4).

Melanoacanthoma is a rare variant of seborrhoeic keratosis. This term was coined by Mishima and Pinkus in 1960 which refers to a lesion exhibiting proliferation of dendritic melanocytes throughout the surface epithelium (2). It can be seen both in the oral mucosa and in the skin. Oral melanoacanthoma is a reactive lesion unrelated to cutaneous melanoacanthoma (3).

Cutaneous melanoacanthoma usually appears as solitary deeply pigmented lesion of the head and neck or trunk of older people. Microscopy shows an acanthotic lesion composed of keratinocytes and melanocytes with small keratin cysts without any atypia. Electron microscopic studies reveal that there is a disruption of transfer of melanin from these dendritic melanocytes to the adjacent keratinocytes (5).

This case is presented here owing to the rarity of the lesion and the clinical suspicion of a malignant lesion in a very benign lesion as the right diagnosis directs the proper management of the patient.

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